



A Day for Mothers and Daughters

Whether you want to get closer, understand more about your daughter or mother or just learn more about yourself, this workshop is for you. Throughout the day you will be given the chance to work with highly intuitive horses that will assist you in strengthening your relationship as well as helping each individual to grow personally. It will enhance the strong connection between daughters and their mothers by developing sound communication skills and good listening habits.

The horse related activities build upon the influential role all mothers play in the lives of their daughters by providing participants with unique opportunities to bridge generational gaps, build conflict resolution skills, and provide support for young girls facing the everyday challenges associated with maturing from girlhood to womanhood.

Horsemanship skills are not required, as all activities have been designed to accommodate each individual at their own stage of personal growth. There will be no riding during the program. Cost is per mother/daughter pair.

Email with any questions about the program or to reserve your spot mahalashope.kris@gmail.com or call (920) 904-6445

