



## Professionals Day

Experience firsthand the impact of equine experiential learning for your clients or staff

You will learn how equine experiential learning will provide you with an opportunity to increase your self-awareness through connecting with a horse. Horses have an instinctive nature and you will learn how this becomes a mirror of your physical and emotional state when you are in their presence. Horses are gifted messengers; they offer constant feedback in real time, right here – right now.

We will demonstrate how we address the following areas with participants:

- Increased communication skills
- Increased self-esteem
- Emotional development skills
- Boundaries
- Mind, body awareness

We look forward to you joining us for this exciting experience. There will be no riding of horses, only groundwork. Prior experience with horses is not necessary.

We ask that you dress appropriately, sturdy shoes. Dress in layers as we might be working in the arena and it can be cooler at times. Lunch is included.

Please email if you are interested in attending as there is limited space available. Email [mahalashope.kris@gmail.com](mailto:mahalashope.kris@gmail.com) or call (920) 904-6445

